

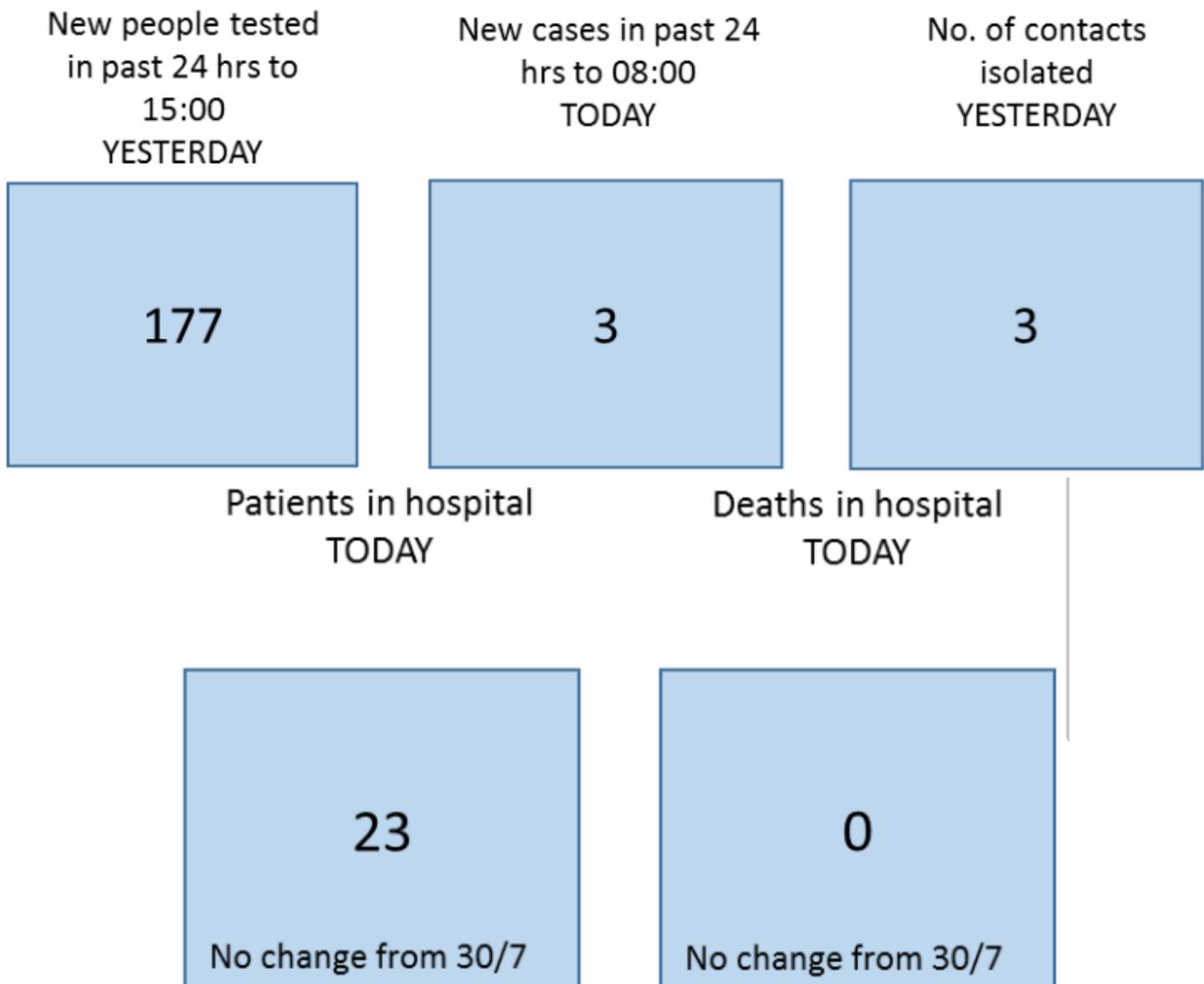
COVID-19 Brief

coronavirus



Here is the brief for Friday 31 July 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website covid19.nhsgrampian.org which is updated continuously.

Grampian update The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. Please send any feedback or suggestions to gram-uhb.staffquestions@nhs.net. The national data is now being provided by Public Health Scotland. You can view that [here](#).



Travel to north-west England The Scottish Government are advising everyone to avoid travel to areas in northern England facing new lockdown restrictions after a spike in COVID-19 cases. Travel between Scotland and Greater Manchester, East Lancashire and parts of West Yorkshire should only be

undertaken if essential. Anyone currently in the affected areas does not need to return to Scotland early but should be extra vigilant in monitoring for symptoms and following the [FACTS guidance](#) both during their stay and when they return home.

Operation Home 1st The next phase in the health & social care response to COVID-19 across Grampian launched today. Operation Home 1st is a partnership between all three of Grampian's health & social care partnerships and Acute Services and will see more health care delivered to people at home. Most critical community health & social care services have continued, albeit it in new and different ways, throughout the initial response to COVID-19. Services and staff across the HSCPs and NHS Grampian had to be agile and adapt quickly to the demands that COVID-19 placed upon them. Operation Home 1st has been developed to build on what has been learnt across the health & social care system in Grampian to ensure that there is a robust plan in place to deal with any future surge or demand on services, better outcomes for patients and the needs of our vulnerable populations are met. For more information about Operation Home 1st, please click [here](#).

Shielding staff/those vulnerable to COVID-19 A reminder that the Scottish Government guidance explaining the risk assessment process for you is available [here](#). You should complete the form and have a discussion with your manager as soon as possible. All forms are expected to have been completed and a discussion had with managers no later than 11 August 2020.

Hand hygiene is vital Taking the opportunity to perform hand hygiene minimises transmission risks of ALL infectious bacteria and viruses, not just COVID-19. As such we should wash our hands with water and soap and / or apply alcohol based hand rubs or gels regularly & often. Managers should ensure the products required to undertake this are readily accessible, at the point of need, regularly replenished and staff know how to use them.

Non-essential offices It has been confirmed non-essential offices/call centres will not reopen before 11 September 2020. This date may change, depending on the current situation. It remains our position that all staff who can work at home should continue to do so.

PPE three week lookahead The PPE supplies are plentiful just now.

	FFP3 Mask	type IIR mask	Covid Gowns	Theatre Gowns	Visors + Goggles	Aprons	Gloves
27 July 2020	244,886	681,073	30,052	4,417	52,405	285,854	1,837,687
3 August 2020	248,515	688,641	31,247	4,176	51,469	285,854	1,837,687
10 August 2020	252,144	696,210	32,442	3,935	50,533	285,854	1,837,687
17 August 2020	255,773	703,778	33,637	3,695	49,598	285,854	1,837,687

ARI catering update This Sunday (2/8) will be the last night of a 24 hour service at Pink Zone café, from Monday 3 August it will revert back to normal hours whilst continuing to be for staff use only with physical distancing rules applied. Aroma Cairngorm will reopen on Monday 3 August and will resume a limited sit-in service with physical distancing rules applied.

Making the brief accessible An audio digest of key daily brief items is available to listen to [here](#). A BSL version will be available next week.

Orange Award Congratulations to the latest recipients of an Orange Award - the security team at ARI. This award recognises exceptional service by teams or individuals working across health and social care.

BBC report on ICU and ECMO service Some of you will have seen or heard the [BBC coverage today](#) of the ECMO team working in ICU at ARI; we expect a piece to be included on Reporting Scotland this evening. A big thank to the team in ICU for their co-operation and support!

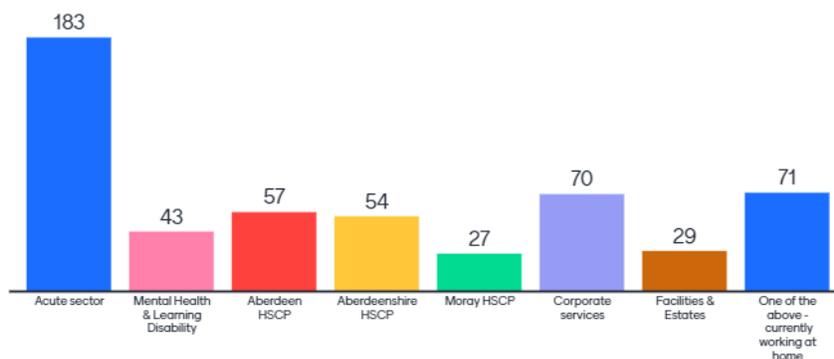
Working in partnership with Aberdeen FC The new football season will commence tomorrow; we're pleased to say Aberdeen FC offered us the opportunity to include important health messages on their digital advertising hoardings. These will be on display throughout tomorrow's game at Pittodrie – thank you to the club and the best of luck to them in the season ahead.

Thought for the day – ca' canny a'bdy As indicated by the First Minister yesterday, we are likely to remain in Phase 3 of lockdown easing for some weeks to come. We are still seeing positive cases detected in Grampian. The new restrictions introduced in the north of England overnight highlight how fragile the situation is. Our progress against this virus to date has been hard won and, while we have greater freedom to travel and meet people, we must exercise caution. This is particularly relevant as shielding measures are paused and those most vulnerable to the virus are able to follow the general guidance. As we head into the weekend, keep doing what you have been doing: observing physical distancing, using face coverings where required, and practising thorough hand hygiene. Working together is the only way we will continue to make progress.

Question of the day – new topic and yesterday's results Yesterday we were asking which sector you work in, as of 16:00 today the results are as follows:

We're keen to find out more about you so we're asking which of the following best describes the area you work in?
Select all that apply.

Mentimeter



448



These results are really pleasing and roughly in line with the overall proportion of staff working in each sector. We would encourage everyone to keep sharing this brief with colleagues and/or people they line manage.

Today we're asking how are you feeling about the overall situation? Are you concerned about the risk of a second wave? Have you been shielding and possibly feeling anxious about the greater freedom which comes with those measures being paused? Your response shouldn't be focused solely on work considerations; we're keen to get a sense of your overall mood right now. To answer the question please click [here](#) or copy this link into your browser: <https://www.menti.com/nq8q4yx9iu>

Comments? Suggestions? If you have feedback about this brief or questions about the content please do not hesitate to get in touch via gram-uhb.staffquestions@nhs.net