

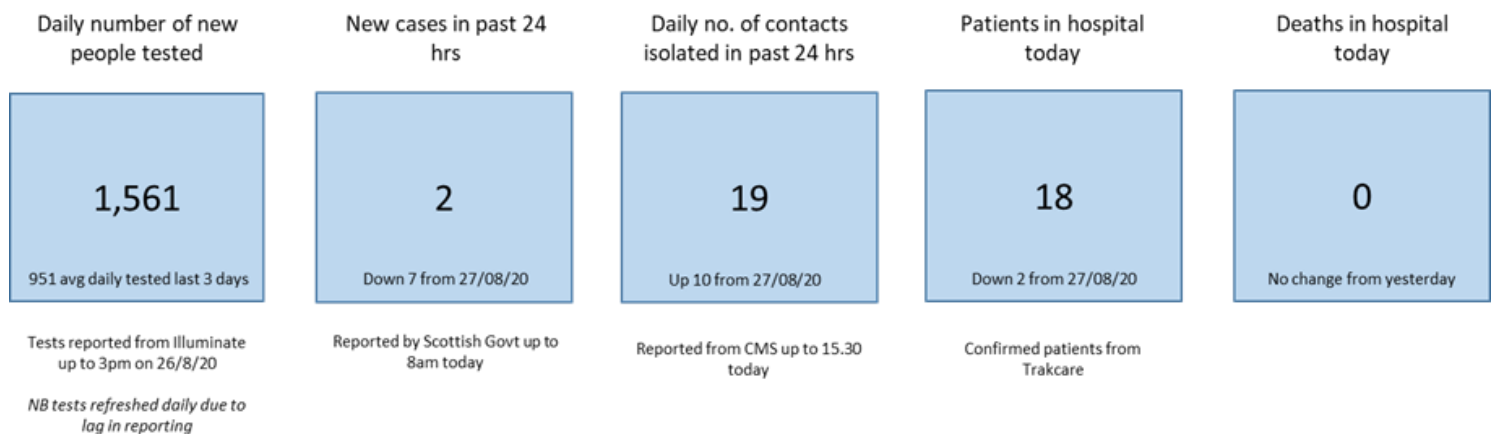
COVID-19 Brief

coronavirus



Here is the brief for Friday 28 August 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website covid19.nhsgrampian.org which is updated continuously.

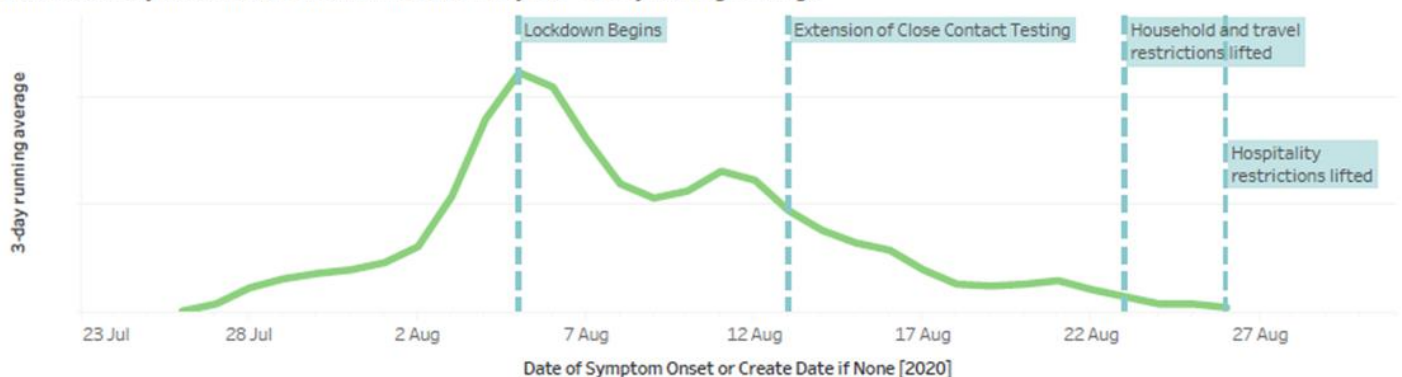
Grampian update The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. The national data is now being provided by Public Health Scotland. You can view that [here](#).



Outbreak control plans published NHS Grampian has published its plans for managing a COVID-19 outbreak in Aberdeen City, Aberdeenshire and Moray. The plans were in development prior to the outbreak linked to the hospitality trade in Aberdeen. They have been informed by initial lessons learned in the management of that. The plans have been developed jointly with our local authority partners in Grampian. They can be viewed at <https://covid19.nhsgrampian.org/for-the-public/>

Aberdeen cluster update

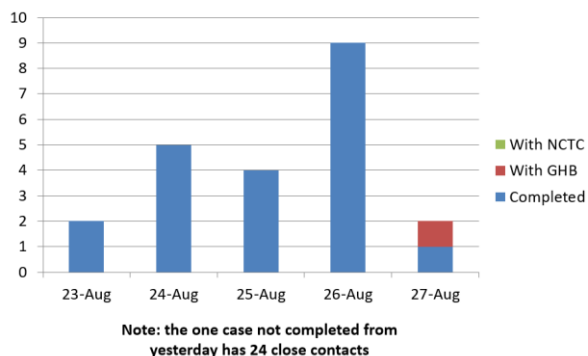
Index Cases by Association with an Aberdeen City Bar - 3 Day Rolling Average



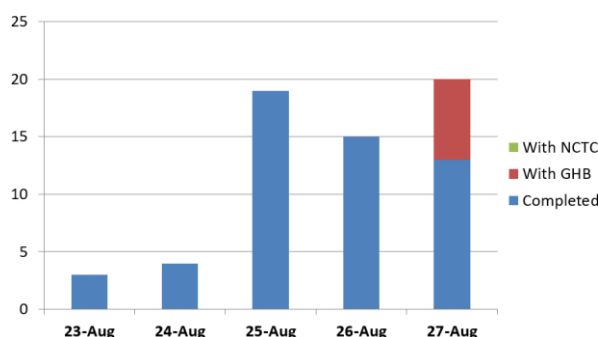
We have been reporting daily on the numbers of cases of Covid-19 being diagnosed during the cluster experienced in Aberdeen, over the past four weeks. The peak of this cluster happened around the August 4 and since then the trend has been generally down, with only a few cases over the past several days. In looking for explanations for this quite favourable outcome, it is likely that the lockdown of hospitality establishments and other restrictions imposed by Scottish Government will have had some

modifying effect. The other explanation, however, is the great performance of our local contact tracing team, assisted by the National Contact Tracing Centre, and, for a few of the busiest days, contact tracers from some of our fellow boards, as can be seen from the figures below. We will not be reporting on this cluster after today's brief.

Contact tracing: Index cases



Contact tracing: Close contacts



This is not likely to be the last difficult outbreak in our area, and it certainly does not indicate that the threat has gone away. It is just as important as it ever was, that the control measures of hand washing/sanitisation, physical distancing, the appropriate use of PPE, respiratory hygiene and **not turning up for work with symptoms**, are rigorously observed by everyone.

Business concerns With many businesses already reopen, and many more set to return in the coming days, most owners and managers are going above and beyond to implement safe regimes for both their customers and staff. For any business in doubt of what they need to put in place, advice is available from their local council. However, any member of the public who has concerns about a business' Covid-19 safety practices can inform the local authorities by visiting the relevant council's websites. Aberdeen City Council https://integration.aberdeencity.gov.uk/service/Coronavirus_business_restrictions_report Aberdeenshire Council - <https://www.aberdeenshire.gov.uk/environment/environmental-health-covid-19/>

PPE dashboard - three week look ahead. Stocks of all items remain healthy, with no immediate issues anticipated.

PPE Summary - Predicted Equipment Remaining at the end of each week

	FFP3 Mask	type IIR mask	Covid Gowns	Theatre Gowns	Visors + Goggles	Aprons	Gloves
August 24, 2020	175,485	512,356	23,637	5,791	55,293	236,858	1,495,314
August 31, 2020	174,477	511,711	24,262	5,686	55,036	236,858	1,495,314
September 7, 20..	173,469	511,066	24,888	5,582	54,779	236,858	1,495,314
September 14, 2..	172,461	510,421	25,513	5,477	54,521	236,858	1,495,314
September 21, 2..	171,454	509,776	26,138	5,372	54,264	236,858	1,495,314

■ Stock < 0
 ■ Stock <= 2 Days
 ■ Stock <= 5 Days
 ■ Stock > 5 Days

PPE Donning & doffing training – new dates Training on the correct way to don and doff PPE is being provided via MS Teams – dates below. To book, just email gram-uhb.ipc-donn-doff-training@nhs.net.

Date	Time
Wednesday 2 September	11-11.45am
Monday 7 September	11-11.45am
Thursday 10 September	11-11.45am

Thought for the day

Don't forget to ask your children and other young people how they are doing - and don't rush to judge them based on stereotypes being put forward elsewhere. We see from our questions yesterday that many are worried about contracting COVID 19. That could be because of their own health concerns or worries about passing it on to older family who may be worse effected by the virus. Across the north-east teenagers have missed celebrating the milestones many of us will have treasured memories from marking. The first steps into adulthood with a 16th birthday party, the driving lesson on the day you turn 17 or the first legal drink at a pub as you turn 18 – none of these will have happened in a anything close to normal way for our young people this year.

Although working in very different circumstances, many of us have had work to offer some sense of stability and normality through this, while teenagers and young people were forced to sit at home missing school, not being able to take part in sport or other hobbies and not seeing their friends. This year's cohort of pupils of exam age will hopeful be the only to ever receive their exam results in the manner they did, with the accompanying uncertainty. Do not underestimate how stressful a time this will have been for them. The same can be said for those now preparing to leave home and head to university who will not have the same fresher experience many before did.

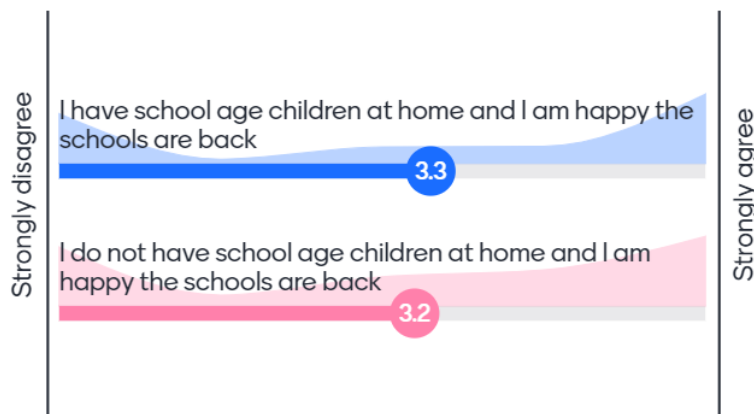
Young people are suffering through this too and need support and guidance. Like the adult population the majority are being responsible and playing their part in getting all of us through this pandemic in as safe a way as possible.

While the age group is often blamed by some for infection spikes in certain areas of the country, please remember the vast majority have made an enormous contribution to holding back the spread of COVID – just as most adults have. Young people very much care too, and many are very much suffering just now.

Question of the day Yesterday we were asked how we felt about children returning to school, which provoked a split response from those who answered, with a small majority happy they were back.

Please indicate how much you agree or disagree with the statement which applies to you

Mentimeter



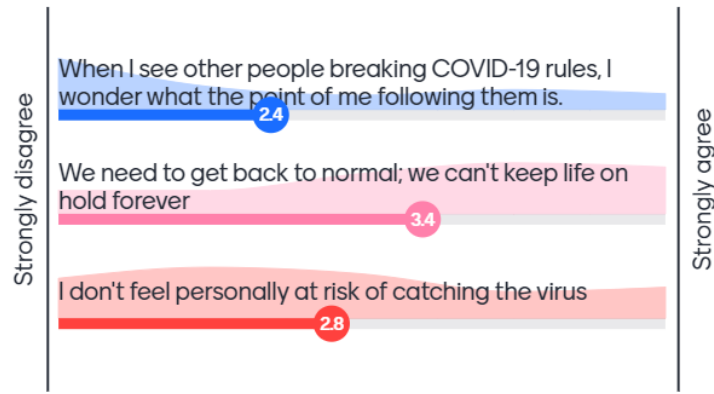
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We also asked young people for their views on Covid-19 and initial results show that almost half of those responding admitted they were concerned about contracting the virus. We are running this question over the weekend, so please share with your family and friends and encourage teenagers to respond - <https://www.menti.com/ouwo6cje16>

How much do you agree/disagree with these statements?

Mentimeter



Comments? Suggestions? If you have feedback about this brief or questions about the content please do not hesitate to get in touch via gram-uhb.staffquestions@nhs.net