

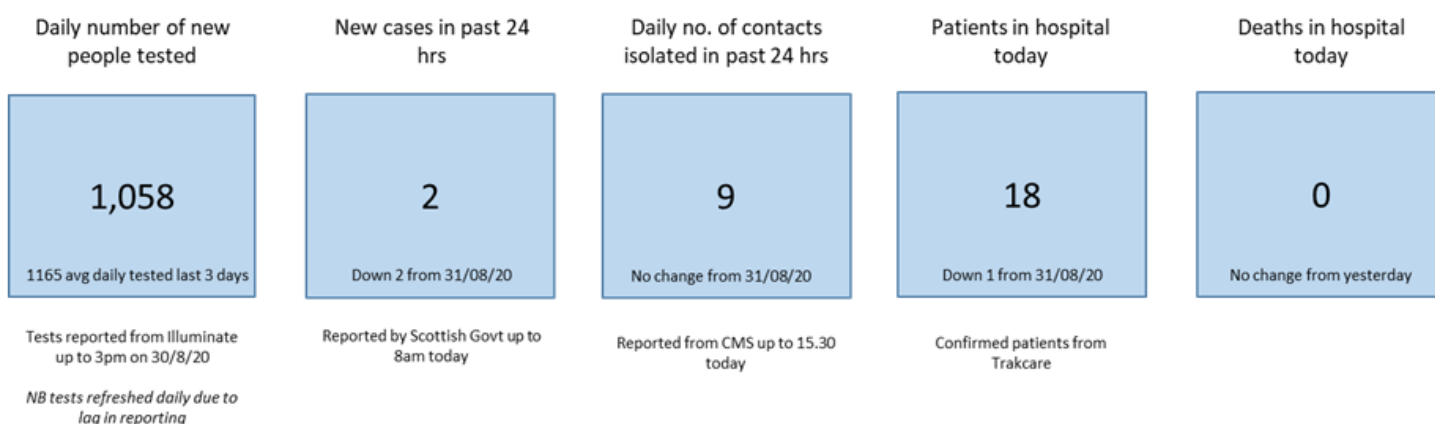
COVID-19 Brief

coronavirus



Here is the brief for Tuesday 1 September 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website covid19.nhsgrampian.org which is updated continuously.

Grampian update The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. The national data is now being provided by Public Health Scotland. You can view that [here](#).



Advice for parents Scotland's National Clinical Director, Professor Jason Leitch, has written an open letter to all parents, with advice and reassurance should their children become unwell with 'cold-like' symptoms. You can read the letter [here](#); the clear advice is that children should **only** be tested if they are displaying any of the three recognised COVID-19 symptoms.

System Leadership Team Virtual Q&A Professor Amanda Croft (Chief Executive) and her deputy - Adam Coldwells - will host a virtual Q&A session for staff this Friday (4 September). The 30 minute event will take place at 1:45 pm and will offer attendees the opportunity to ask questions of Amanda and Adam. The session will be hosted on YouTube [here](#). You will be able to submit questions via the chat function during the session. If you are unable to virtually attend, a recording will be available to view afterwards. This is the first in a series of similar Q&A sessions planned with members of the NHS Grampian System Leadership Team and dates and times for these will be published in this brief as they are scheduled.

Impact of new emergency police powers on behaviour and attitudes Anecdotal reports suggest it was a quiet reopening weekend for licensed premises in Aberdeen, following the easing of local restrictions. An Independent Advisory Group is keen to hear the experiences and views of members of the public in relation to the policing of the pandemic since the start of the lockdown period. This is to examine the way Police Scotland has used its new powers and the impact this has had on people's attitudes and behaviours. The three main powers the police were given were to take someone home or take them to be tested if they were thought to be infectious; to close a wide range of non-essential businesses, and to restrict people's rights to move around in public or be part of a gathering. You can visit the [IAG website](#) or email COVID19IndependentAdvisoryGroup@spa.pnn.police.uk

Email migration and use of QMPLE (Quality Management of the Practice Learning Environment)

NHS Education for Scotland have advised that your current @nhs.net email address will continue to be your username for accessing QMPLE even after your email has migrated. However, to receive notifications from the system to your new @nhs.scot email address you will need to update your contact email address in your "My Profile" section of QMPLE - see attached guide [here](#) (this is an Intranet link which will only work on networked devices). If you do not use an @nhs.net email address to access QMPLE you will be unaffected by the change. If you have any queries please email nhsq.practiceeducation@nhs.net.

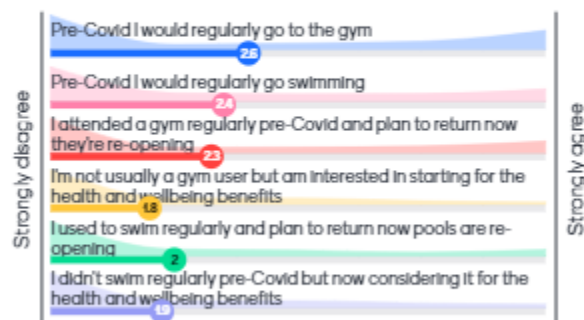
V7 Jobtrain upgrade update - Go-Live Tues, 8th September 2020 Jobtrain continue with additional testing in advance of the planned Jobtrain V7 implementation, and to date no issues have been identified. Therefore, Jobtrain V7 go-live is scheduled for Tuesday, 8th September 2020 (starting overnight on Monday, 7th September 2020) and final preparations are taking place for this. The new V7 SOPs remain available [here](#). Please take the opportunity to review these in advance of the go-live.

Thought for the day – lets go outside! It's now September. The nights are starting their slow draw in and the temptation to hunker down at home is growing. We need to fight that temptation and keep getting out for fresh air each day. A brisk 30 minute daily walk improves our physical health, our mental health, and doesn't cost the earth in monthly gym subscriptions. This can be easier said than done, especially if your regular working routine has yet to return but consider this time an act of self-care; an investment in yourself and your wellbeing. Action for Happiness have declared this month to be Self-care September; you can find out more about that [here](#).

Question of the day Yesterday we asked how many of you were gym or pool users and if you were planning to return, now these facilities are able to reopen. As of 16:00 today, the results are as follows:

With restrictions easing today for gyms and swimming pools we are interested to explore staff's views - please skip questions that don't apply.

 Mentimeter



It's interesting to note that those of you with gym memberships are still feeling cautious about returning. Today we are asking how your habits have changed during COVID. Are you exercising more or less? Has your diet got better or worse? To answer this question, click [here](#) or copy this link into your browser: <https://www.menti.com/x47x4msmsu>

Comments? Suggestions? If you have feedback about this brief or questions about the content please do not hesitate to get in touch via gram-uhb.staffquestions@nhs.net