

COVID-19 Brief

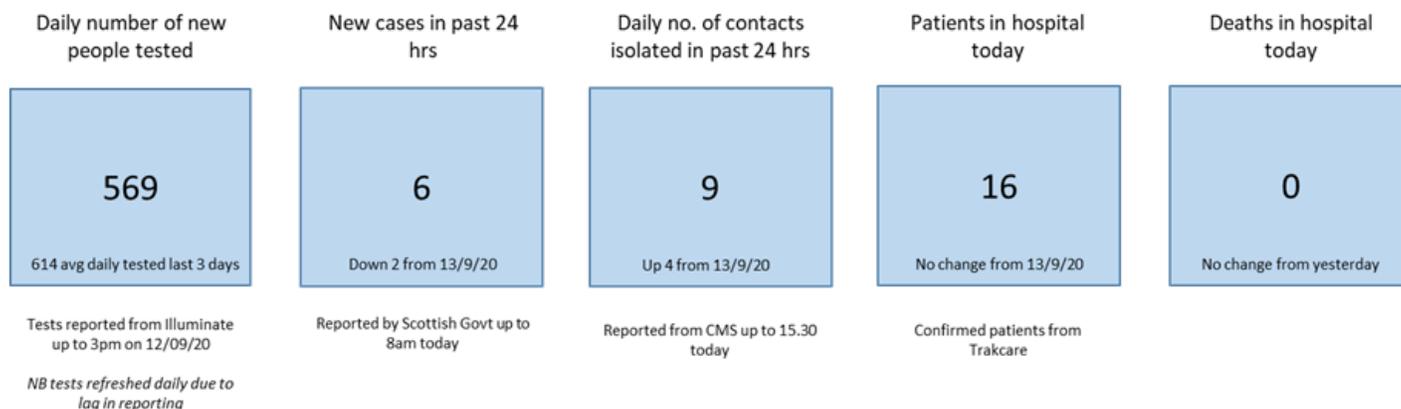
coronavirus



Here is the brief for Monday 14 September 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website covid19.nhsgrampian.org which is updated continuously.

New Chief Executive appointed Professor Caroline Hiscox, currently Executive Nurse Director, has been appointed as the new Chief Executive of NHS Grampian. Professor Hiscox will take up her new post on Monday 2 November. Caroline will be working closely with outgoing Chief Executive, Professor Amanda Croft, to ensure a smooth transition.

Grampian update The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. National data is provided by Public Health Scotland. You can view that [here](#).



New restrictions on social gatherings come into force As announced by the Scottish Government last week, new limits on the number of people who can gather socially are in force from today. A maximum of six people, from two households, are permitted to meet. This applies indoors and outdoors and requires physical distancing between households. Children under 12 do not count towards the overall limit.

Protect Scotland app More than 900,000 people have now downloaded the new Protect Scotland app, which is available via both Google Play and the App Store. More information on the app – how it works, what is done with the data collected, and an FAQ – is available [here](#).

PPE stock checks Staff are asked to submit their PPE returns on a Sunday and Tuesday or, where departments are closed, Friday and Tuesday, so stock being supplied nationally is at an appropriate level.

Eye & face protection The PPE cell has recently considered all eye & face protection currently available within Grampian. This included a review of safety, suitability, and supply chain. As full-face visors can be utilised for both droplet and airborne precautions, and current supply is maintained, it is recommended that full face visors should be the first-choice stock item for both ensembles throughout Grampian

COVID-19 recovery website A website has been developed to support people recovering from COVID-19. It contains special sections for those who required ITU level care and also for those bereaved by the virus. It is available [here](#).

Making the brief accessible Here are the latest [BSL](#) and [audio](#) digests of the daily brief. We welcome your feedback on these accessible versions.

Thought for the day – rule breaking knows no age limit There's been a lot of media coverage of the role of young people in the current increase in detected cases. While socialising and the return of colleges and universities will certainly be playing their part, it is too simplistic to point to one section of society and say, 'they are to blame'. The fact of the matter is any of us can be rule breakers and we seldom do it on purpose. The situation we find ourselves in is hard. Whether you desperately want to hug a loved one or are facing the prospect of saying 'no' to your teenagers yet again, the temptation to bend the rules 'just this once' is both enormous and completely understandable. The rules are also subject to rapid and complicated changes. We try to share as much as we can through this brief to support and guide you; and even we find it hard to keep track. However, keep track we must. Until – or even if – a treatment and vaccine are found, following the rules is the only weapon we have against this virus.

(Apologies for the Latin error in Friday's Thought for the Day; entirely the fault of the author!)

Question of the day Today's question is for you if you haven't yet downloaded the Protect Scotland app; we're interested to know why. To answer the question, click [here](#) or copy this link into your browser: <https://www.menti.com/ctn1cbz2o9>.

Comments? Suggestions? If you have feedback about this brief or questions about the content please do not hesitate to get in touch via gram-uhb.staffquestions@nhs.net