

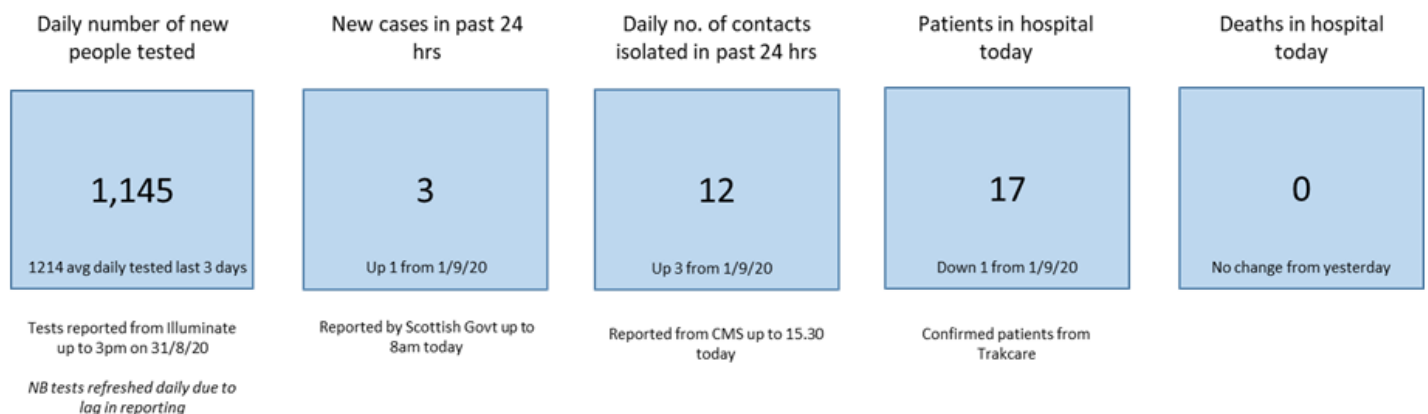
# COVID-19 Brief

coronavirus



Here is the brief for Wednesday 2 September 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website [covid19.nhsgrampian.org](https://covid19.nhsgrampian.org) which is updated continuously.

**Grampian update** The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. The national data is now being provided by Public Health Scotland. You can view that [here](#).



**Working in partnership with Education** The Health Protection Team (HPT) from NHS Grampian has been working closely with the Directors of Education and Head Teachers from across our 3 Local Authority (LA) areas to provide support in relation to COVID-19 now that the schools are back. The HPT has been developing a package of materials to support teaching staff in working through the new challenge of COVID-19 issues in school settings.

In addition to the written materials the HPT has been joining in online sessions with frontline teaching staff from City, 'Shire and Moray councils to talk through specific issues they have encountered and to share learning. These sessions are currently being held 3 times a week and have been very well attended by teaching staff, the initial session had over 100 participants.

A recurring theme is about children with mild respiratory symptoms. Things like a runny nose or slight sore throat are common in children, especially at the beginning of the school session when they are mixing with lots of people they haven't been meeting for a while. If all these children were to be regarded as possible COVID-19 cases many children and their household members would be off school and work unnecessarily. Because of this we have determined that only children who have one or more of the classic COVID-19 symptoms of fever, new persistent cough and loss of or change in the sense of smell or taste should be regarded as possible cases. In this case the child should have a test, and the child and the whole household should start a 14-day period of isolation. If the test is negative the household members can immediately stop their isolation, and the child can go back to school if they are well and have had no fever for 48 hours.

**O365 email – now live!** Today has seen the transition of over **22,000** mailboxes from NHSMail (nhs.net) to the new Office 365 Exchange Email (nhs.scot). While we know some of you have experienced difficulties, most accounts have transitioned smoothly. As predicted, this is a remarkably busy time for

the service desk. Extra resource and additional operation hours have been provisioned for this period however call demand is still high. In order to ensure urgent non-migration calls still have a direct path through to the service desk, staff are requested to use the [service desk portal](#) as the first choice when logging calls. Remember, you can also consult the [Office 365 SharePoint site](#) or the Digital Champions Team ([GRAM DIGITAL CHAMPIONS](#)) for additional advice and information.

The migration process has taken longer to complete and as a result many people have experienced folders/emails not being visible in the new accounts. As the migration concludes all email/folders will be visible. Outlook 2013/Outlook 2016 users please note following migration, visibility via outlook client may still take a further period beyond migration completion as outlook client populates.

Access to shared mailboxes has been one of the main issues experienced. Staff will need to be set up as delegates if they are to have access to the mailboxes. In the new email, delegate access can only be done via the service desk. Logging the call via the [service desk portal](#), specifying the address of the shared mailbox, and addresses of the required delegates will be the most efficient route for access to be set up.

**Everyone Matters Pulse Survey** This is a national survey designed to better understand how you are feeling now and to find out about your experiences over recent months, both in the workplace and beyond. With your results, we hope to be better able to support you now and in the future. The survey went live yesterday; if you have not received an e-mail with the questionnaire contact [nhsq.imatter@nhs.net](mailto:nhsq.imatter@nhs.net). If you normally receive a paper copy for iMatter please speak to your manager.

The first two sections of the questionnaire must be answered otherwise your response will not be counted. These sections ask you about 'Your Well-being' and 'Experience at work over the COVID period'. You can choose to answer all, some or none of the other questions. The survey is open until 22 September, with reports made available to boards in October. There will be no Team Reports, reports will be produced at Directorate and Board level only.

**Quarantine changes** From 4am tomorrow morning (Thursday 3 September) anyone arriving into Scotland from Greece will be required to self-isolate for 14 days. Before returning to the UK, **all travellers** are required to complete an online "passenger locator form" regardless of where outside the UK they are travelling from (with the exception of Ireland, the Channel Islands or the Isle of Man). The form and instructions on what information is needed to complete it can be found [here](#). If you do not complete the form before you arrive in the UK, it might take you longer to enter the UK.

The situation regarding international travel remains subject to change at short notice; please be mindful of this when booking holidays.

**West of Scotland restrictions** You will likely have seen coverage of the new restrictions covering three local authority areas in the West of Scotland – Glasgow, West Dunbartonshire, and East Renfrewshire. The initial evidence suggests the growing number of cases in these areas are linked to household gatherings; therefore, at present, there are no restrictions on the licensed trade similar to those we experienced in Aberdeen. Full details on the restrictions are available [here](#).

**Thought for the day – how are you?** What has Wednesday been like for you? Did you achieve everything you set out to? Or did your 'to-do' list just get longer? Many of us make a list, to focus on the tasks we want to accomplish, but when that list ends up being longer than a Leonard Cohen song, it can be dispiriting. Why not take some time now to think about what you \*did\* achieve today? We spend so much time thinking about the work still to be done, we forget to pat ourselves on the back for work completed. Each achievement counts, no matter how small. And, if today really has been one to forget for you, take this time to breathe deeply, draw a line under it, and get some rest. We can always try again tomorrow.

**Question of the day** Yesterday we asked how your habits have changed during the pandemic. As of 16:00 today, the results are as follows:

During the pandemic, what have you been doing more of, or less of? If your answer is no change/doesn't apply, please move the slider to the middle

Mentimeter



It's encouraging to see many of us have been able to walk more, get out in the garden, and spend more time with our families. The responses also suggest that many of us have seen no significant change in our sleep patterns, our diet or our alcohol consumption. However, as health & social care staff, many of us have stuck to broadly similar work patterns (though perhaps at home) during the pandemic. We're posting a fresh version of this question to our social media accounts to see how the general public will answer it.

Today we're asking how many of your pandemic changes do you plan on making permanent? To answer this question, click [here](#) or copy this link into your browser: <https://www.menti.com/3ees713pbd>

**Comments? Suggestions?** If you have feedback about this brief or questions about the content please do not hesitate to get in touch via [gram-uhb.staffquestions@nhs.net](mailto:gram-uhb.staffquestions@nhs.net)