

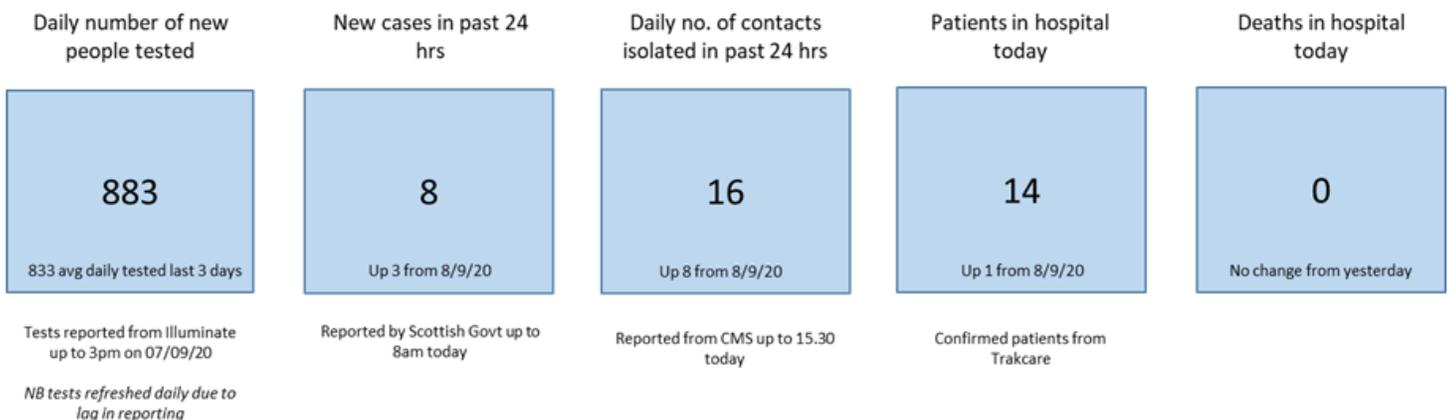
COVID-19 Brief

coronavirus



Here is the brief for Wednesday 9 September 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website covid19.nhsgrampian.org which is updated continuously.

Grampian update The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. National data is provided by Public Health Scotland. You can view that [here](#).



Remobilisation of services - Healthy Hoose The Healthy Hoose is set to restart services at its Middlefield Hub base from 2 October. The centre has been providing long-term condition reviews, Well Woman/Well Man clinics, minor injuries/minor illnesses treatments, contraception, smear tests and needle exchange to Middlefield, Cummings Park, Heathryfold and Northfield for more than 20 years, but was stood down in April because of the pandemic. The team plan to re-open for two days per week initially and are identifying the key services which will resume. The system will be appointments-only, booked by patients, and with no drop-ins as yet. All necessary infection control measures will be in place, with well-marked entry and exit points and hand hygiene stations. Aberdeen City HSCP Nursing Lead Fiona Mitchelhill said: "This is a great example of a service adapting and remobilising to meet patient needs."

New rules on social gatherings – England only There has been a great deal of media coverage today of new limits on social gatherings. Please be aware this **only** applies in England; an update on the position in Scotland will be given by the First Minister tomorrow.

NHS Grampian catering – keeping you safe Our catering outlets provide a range of snacks, beverages, and hot and cold food. Physical distancing of 2 metres applies at all our outlets. Chairs and tables have been arranged to allow for distancing and should not be moved. As cafes/kiosks within healthcare settings, face masks should be worn if you are purchasing takeaway items. If you are sitting in, please ensure masks are disposed of in the appropriate bin and use the handgel provided. Please observe physical distancing when queuing. Thank you for your co-operation and helping to keep everyone safe.

Celebrating Excellence – 30 October 2020 - call for oral abstracts Nurses, midwives and AHPs are invited to submit an oral abstract for the October Celebrating Excellence virtual event. The aim of these events is to recognise, value and reward our staff for their outstanding work and best practice. Don't miss this opportunity to raise awareness of your project, showcase your achievements, gain recognition, share best practice and make new contacts. Tell us about your work and how it relates to the NMAHP Strategy 2018-2021 and/or the Professional Practice Model. For further information please contact Kim Brown-Zipson (kim.brown-zipson@nhs.scot)

PPE Donning & doffing training – new dates Training on the correct way to don and doff PPE is being provided via MS Teams – dates below. To book, just email gram-uhb.ipc-donn-doff-training@nhs.net.

Date	Time
Thursday 10 September	11-11.45am
Monday 14 September	11-11.45am
Wednesday 16 September	11-11.45am
Tuesday 22 September	11-11.45am
Thursday 24 September	11-11.45am
Tuesday 29 September	11-11.45am

Thought for the day This week we are focusing on the return of services, but we must acknowledge that many of you have continued to work in broadly similar ways throughout the pandemic. Some of our services simply did not – could not – stop. Whichever category you fall into, our core principle has remained the provision of person-centred care. We must hold fast to that and tune out the noise and commentary that often accompanies health & social care. What we do may look different, be delivered in a different way or place, but our values are not different. Sometimes we can be guilty of focusing on the things we could not do; or the things we would have preferred to have done differently. It's time to shift our focus onto the things we do well, the care we provide, the people we help. Each of us plays a small part and together we are much greater than the sum of those parts.

Question of the day Today we are asking what has enabled you to keep providing your service during the pandemic. We've suggested eight options and we would like you to rank them from most important to least. To answer the question please click [here](#) or copy this link into your browser: <https://www.menti.com/xiue3s3wn9>

Comments? Suggestions? If you have feedback about this brief or questions about the content please do not hesitate to get in touch via gram-uhb.staffquestions@nhs.net