

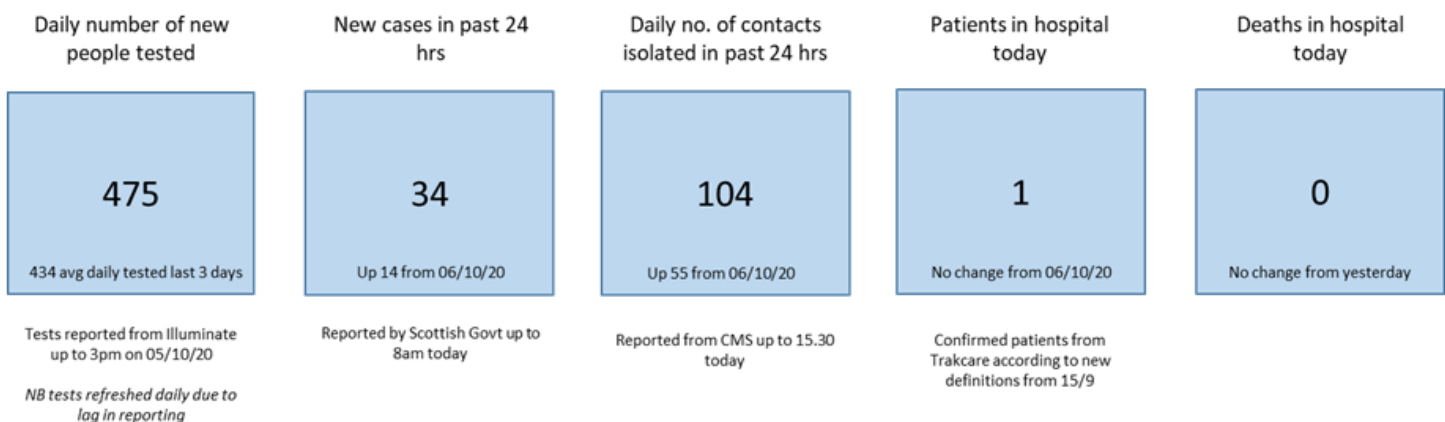
# COVID-19 Brief

coronavirus



Here is the brief for Wednesday 7 October 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website [covid19.nhsgrampian.org](https://covid19.nhsgrampian.org) which is updated continuously.

**Grampian update** The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. National data is provided by Public Health Scotland. You can view that [here](#).



**New restrictions** The First Minister today announced new restrictions in a bid to halt the current spread of COVID-19 infections. These apply to the indoor operation of pubs, bars, restaurants, and cafes, will come into effect from **6pm on Friday 9 October**, until **Sunday 25 October**, and are as follows:

- During the day, from 6am to 6pm, pubs, bars, restaurants, and cafes may open indoors for the service of food and non-alcoholic drinks only
- Hotel restaurants will be able to operate beyond 6pm, but only for residents and without alcohol
- All the current regulations and the limits on meeting a maximum of six people from two households will still apply
- Bars, pubs, restaurants, and cafes can continue to serve alcohol outdoors up to the existing curfew time of 10pm, and subject to the 6/2 rule on group size

There will be an exemption to these rules - in all parts of Scotland - for events associated with specific life events such as weddings that are already booked and funerals. Stricter measures will be put in place in the following health board areas: Greater Glasgow & Clyde, Lothian, Ayrshire & Arran, Forth Valley and Lanarkshire. Travel into these areas is not recommended unless absolutely necessary. You can read the full announcement [here](#), or view the speech [here](#) (this will take you to the BBC iPlayer, which requires a sign in).

**Contact tracing performance** We wanted to share with you all a message sent to the Grampian contact tracing team from Susan Webb, the director of Public Health. This reflects the volume of work they are carrying out, to a consistently high standard – well done to all of them!

“What a fantastic performance, not just last weekend, but throughout the incident - well done to everyone working as part of Test and Protect. Having cleared the Grampian cases and contacts the team supported Ayrshire & Arran, Forth Valley, Lothian, Lanarkshire and Glasgow. The virus knows no boundaries so helping to support others track and trace is a really important part of keeping our population safe. This is only possible by the dedication and diligence of everyone in the team - Thank you so much. Proud to be part of ‘teampublichealth’”

**‘Don’t take it home’ campaign – translated** If you follow NHS Grampian on social media you will have seen the ‘Don’t take it home’ campaign developed to highlight the risks of COVID-19. Anyone is free to share these posters across social media, with [Russian](#), [Polish](#), [Lithuanian](#) and [Romanian](#) translations available (those links will take you to our Facebook page; you can also access the translations on the intranet [here](#)).

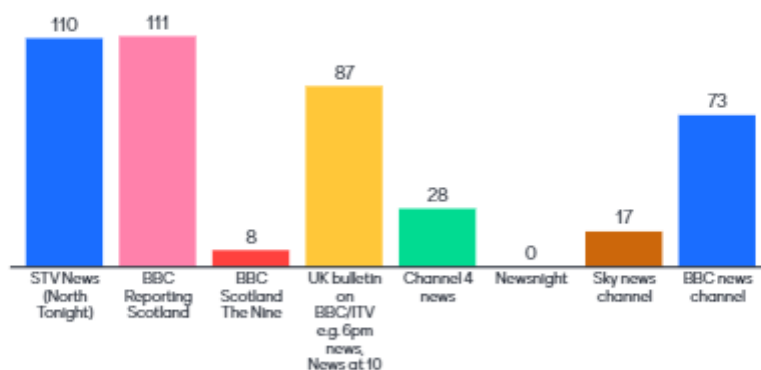
**Spiritual Care for patients** NHS Grampian is committed to implementing the recent Scottish Government guidelines to facilitate access to spiritual care for patients during COVID 19. The full guidelines can be accessed [here](#). A visit from the patients' own faith / belief community will be facilitated following an appropriate assessment and will be done in partnership with the Chaplaincy /Spiritual Care department. Please contact the department for assistance and support: Telephone: (01224 5) 53316 email: [gram.chaplaincy@nhs.scot](mailto:gram.chaplaincy@nhs.scot)

**Thought for the day – now we know** Yesterday we spoke about the difficulties of uncertainty; with the First Minister’s announcement today, some of you may now be faced with difficulties of certainty. Although Grampian is not subject to the tougher measures covering the Central Belt, new restrictions will come into force from 6pm this Friday. For some of you, these will have little or no impact. For others – especially if you have friends or family working in the licensed trade – these measures could mean renewed worries about their jobs and livelihoods. We shared contact details in [yesterday’s brief](#) for various agencies which offer advice in the event of financial hardship; please seek their support if needed.

**Question of the day** Yesterday we asked you for your TV news programme of choice. As of 16:00 today the results are as follows:

Which of the following is the TV news programme you watch most often?

by Mentimeter



434

As with radio and newspapers it is clear that local/Scottish news is a big priority for many of you.

**Comments? Suggestions?** If you have feedback about this brief or questions about the content please do not hesitate to get in touch via [gram-uhb.staffquestions@nhs.net](mailto:gram-uhb.staffquestions@nhs.net)