

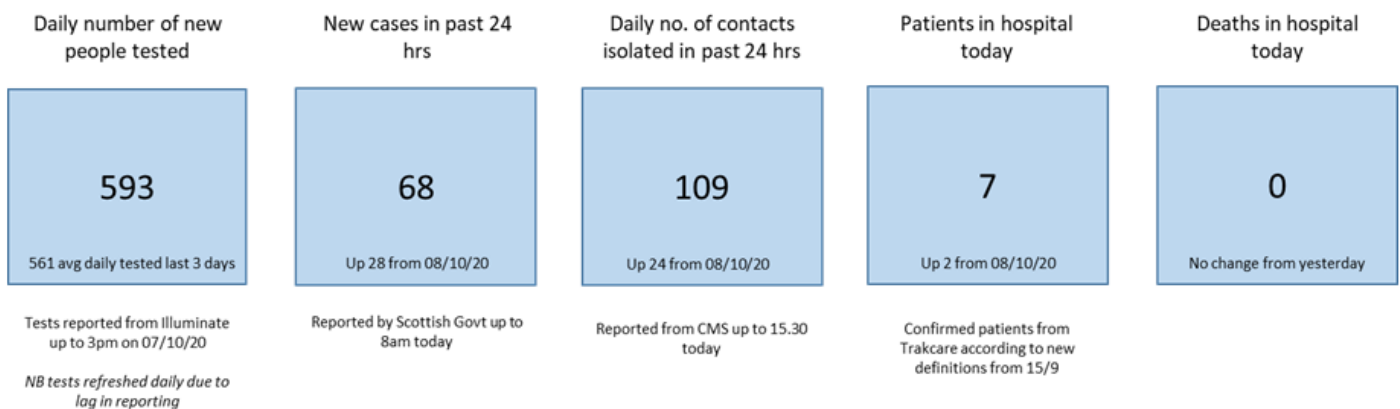
COVID-19 Brief

coronavirus



Here is the brief for Friday 9 October 2020. Please ensure that you share this brief with colleagues and staff who do not have access to email, especially if they are self-isolating, otherwise working from home or do not have ready access to a PC. Briefs are shared on our dedicated website covid19.nhsgrampian.org which is updated continuously.

Grampian update The most up-to-date Grampian data about COVID-19 new cases, contacts and care in Grampian hospitals is shown below. National data is provided by Public Health Scotland. You can view that [here](#).



Learners, students & supporting staff We have created a new section on the COVID-19 website, dedicated to our learners, students and the staff who support them. More content will be added to this in the coming weeks; if you support student placements in your area please share this link with them: <https://covid19.nhsgrampian.org/information-for-students-placement-hosts/>. Information specific to student nurse and midwife placements is available [here](#).

Supporting Ethical Decision Making In April 2020, NHS Grampian formed a Supporting Ethical Decision-Making group in line with Scottish Government guidance. This guidance has been recently updated and can be viewed [here](#). The group is chaired by Luan Grugeon, a non-executive board member and Vice-Chair of Aberdeen City Integration Joint Board, and includes members from a diverse range of clinical, public health and social work backgrounds along with lay representation and links with NHS Orkney and Shetland with invites to NHS Western Isles and Highland. Initially the group met weekly, providing clinical colleagues with support on a wide range of issues, to ensure an ethical approach to decision making within a [locally developed and adapted framework](#). Referrers to the group have found the advice received back as very supportive and helpful as they navigated the challenges brought about by the initial impact of COVID-19.

Meetings have now moved to monthly, the first Tuesday between 5 - 7 pm on MS Teams and the group is keen to evolve and support the wider impact of the COVID pandemic on the health and wellbeing of all staff and patients on COVID and non-COVID related issues. The group can be contacted via the updated email address gram.ethicaldecisionmakingadvisorygrp@nhs.scot with further information available here. Referrals can be made using an SBAR format which is available to download [here](#).

PPE donning and doffing training This training continues to be delivered via MS Teams. For the next four weeks (from w/c 12 October), sessions will be held every Tuesday and Friday at 11am. You can book your place and refresh your knowledge by emailing gram.ipc-donn-doff-training@nhs.scot

PPE three week look ahead Stocks remain healthy with no immediate areas of concern.

PPE Summary - Predicted Equipment Remaining at the end of each week

	FFP3 Mask	type IIR mask	Covid Gowns	Theatre Gowns	Visors + Goggles	Aprons	Gloves
September 28, 2020	197,341	592,037	12,209	4,256	51,218	238,449	1,481,101
October 5, 2020	197,744	597,111	12,201	4,694	50,754	238,449	1,481,101
October 12, 2020	198,147	602,186	12,193	5,132	50,289	238,449	1,481,101
October 19, 2020	198,551	607,260	12,186	5,570	49,825	238,449	1,481,101
October 26, 2020	198,954	612,335	12,178	6,007	49,360	238,449	1,481,101

Legend: Stock < 0 (Red), Stock <= 2 Days (Orange), Stock <= 5 Days (Yellow), Stock > 5 Days (Green)

O365-Email Distribution list name change Please be advised that all distribution lists set up within the new O365 Email will be renamed to the following format: gram.DL-<Distribution List name>@nhs.scot. The reason for the change is to improve identification of distribution lists within O356 mail. The change is scheduled to be applied on Tuesday 13 October 2020

Orange award winners Congratulations to the ARI COVID-19 testing team, Rhona Wilkinson (student nurse) and Clark Paterson (senior finance manager) – all recent winners of an Orange award. The Orange awards are a great way to highlight the fantastic work done by health & social staff every single day. Any NHSG employee can nominate any NHSG employee [here](#) or via email gram.nmahporangeawards@nhs.scot

The story of Christopher James Davies Dr Davies is believed to be the first black man to graduate with a medical degree from the University in Aberdeen. Born in Barbados in 1842, he travelled to London to study medicine in 1866, before completing his studies in Aberdeen in 1869. He was to die of smallpox just a year later, at the age of 28, after travelling to France and saving many hundreds of lives during the Franco-Prussian War. He provided medical care and leadership for the treatment of the wounded of both sides. He also established two soup kitchens and provided food and medical care which saved hundreds of civilians from starvation and disease.

We are sharing his story jointly with the University of Aberdeen as part of events to mark Black History Month in the UK. More details on these events are available [here](#).

Uniform Fitting Times - In order to maintain a reliable service, the last uniform fitting times in the Foresterhill Sewing Room are 2.45pm on Mondays to Thursdays and 12 noon on Fridays. The updated form can be accessed on the [Linen Services intranet page](#) (this link will not work on non-networked devices). Please remember the Sewing Room is closed on all NHS Grampian public holidays.

Thought for the day We're uniting our 'thought' with tip of the week today and encouraging you to step outside. Taking a break from work, or chores, or hitting play on another Netflix box set, and getting outside makes a huge difference to our physical, mental, and emotional wellbeing. As the weeks speed past, more of us will find ourselves starting and finishing our working day in the dark. Make the time to get outside when it is light. You don't have to take up hillwalking or start cultivating a garden worthy of the Chelsea Flower Show (pretty hard at this time of year in any case!), a brisk 15 minute walk in your local area will do the trick. And, since we live in the north-east, don't forget your raincoat!

Question of the day- reminder There's still time to have your say on the emblem for STAR, the Staff Thanks And Recognition scheme. You can see the designs and cast your vote [here](#). The link will be live until 4.30pm on Sunday and we will share the most popular design in Monday's brief.

Comments? Suggestions? If you have feedback about this brief or questions about the content please do not hesitate to get in touch via gram-uhb.staffquestions@nhs.net